

Based on the references provided, the personality disorder types that are most affected by fibromyalgia appear to be:

1. Borderline Personality Disorder (BPD) Penfold et al. (2016):

- The review by Penfold et al. found that several studies have reported a high prevalence of BPD among patients with fibromyalgia, with one study finding that 5.25% of fibromyalgia patients met the criteria for BPD (Penfold et al., 2016).

2. Neuroticism (Seto et al., 2018; , Bucourt et al., 2017):

- Multiple studies have found that patients with fibromyalgia exhibit higher levels of neuroticism compared to healthy controls (Seto et al., 2018; , Bucourt et al., 2017).
- Neuroticism has been associated with increased anxiety, depression, and overall impact of fibromyalgia (Seto et al., 2018; , Malin & Littlejohn, 2016).

3. Attention-Deficit/Hyperactivity Disorder (ADHD) (Karaş et al., 2020; , Reyero et al., 2011):

- Several studies have reported a higher prevalence of childhood ADHD among women with fibromyalgia, with one study finding that 32.3% of women with fibromyalgia had a history of childhood ADHD (Reyero et al., 2011).
- Fibromyalgia has also been associated with increased impulsivity, which is a core feature of ADHD (Yılmaz & Tamam, 2018).

4. Perfectionism and Self-Sacrificing Personality Traits (Yığman et al., 2021; , Henker et al., 2019):

- Patients with fibromyalgia have been found to exhibit higher levels of perfectionism and self-sacrificing personality traits, which may contribute to the development and maintenance of the disorder (Yığman et al., 2021; , Henker et al., 2019).

In summary, the personality disorder types that appear to be most affected by fibromyalgia are borderline personality disorder, neuroticism, ADHD, and perfectionistic/self-sacrificing personality traits. These personality characteristics may contribute to the development, symptomatology, and overall impact of fibromyalgia (Penfold et al., 2016; , Seto et al., 2018; , Malin & Littlejohn, 2016; , Karaş et al., 2020; , Yılmaz & Tamam, 2018; , Yığman et al., 2021; , Henker et al., 2019).

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